

SZATMÁRI FRISS CSÁRDÁS  
(Hungary)

These figures are representative of the fast csardas of the Szatmár region of northeastern Hungary, and have been arranged for recreational dancing. The fast csardas of Szatmár is also referred to as "Ugrós (jumping) csárdás." In Szatmár, the Friss Csárdás is danced improvisationally, and immediately follows the Lassú Csárdás.

Pronunciation: SAWT-mah-ree FREESH CHAR-dahsh

Translation: Fast couple dance from the Szatmár region.

Music: Hungaria Records HRC 008 Side B/4 4/4 meter  
Melodies are 14 meas long, in phrases of 4, 5, and 5 meas.  
A B B'

Formation: Cpls in a circle around the dance floor. Ptrs facing, M L, W R hands and M R, W L hands joined at waist level.

MeasPattern

- I. STRAIGHTEN AND BEND KNEES, HEEL CLICKS - BOKÁZÓ
- 1 Straighten knees (ct 1); bend knees slightly (ct 2); repeat cts 1,2 (cts 3,4).
- 2 Repeat meas 1, cts 1-3 ; (cts 1-3); bend knees and open heels, keeping toes together (ct 4).
- 3 Straighten knees, bringing heels together with heel-click (ct 1); bend knees and open heels, keeping toes together (ct 2); repeat cts 1-2 (cts 3-4).
- 4 Repeat meas 3, cts 1-3 (cts 1-3); small leap in place onto L, knee bent, swinging R lower leg out to R side (ct 4).
- 5 Heel-click - Bokázó  
Raise joined hands to side fwd high, shldr level. Hopping on L, swing R leg fwd, touching toe to floor in front of L (ct 1); jump onto both ft in stride pos, heels out, knees bent (ct 2); jump in place, bringing ft together with heel-click (ct 3); small leap onto R in place, knee bent, swinging L lower leg out to L side (ct 4).
- 6 Repeat meas 5 with opp ftwk and direction.
- 7-8 Repeat meas 5-6.
- 9 M: Repeat meas 5, cts 1-3; small leap in place onto L, swinging R lower leg out to R side (ct 4).  
W: Repeat meas 5.
- 10 Side steps, lower joined hands to waist level:  
M: Low leap R to R (ct 1); low leap L to R, behind R (ct 2); close R to L with heel-click, wt on both ft (ct 3); take wt on R in place, raising L lower leg slightly to L side (ct 4).  
W: Opp ftwk and direction - move to L.
- 11 Repeat meas 10 with opp ftwk and direction.
- 12 M: Repeat meas 10, cts 1-2 (cts 1-2); small stamping Cifra in place R,L,R (cts 3,&,4).  
W: Opp ftwk and direction.
- 13 Repeat meas 12, opp ftwk and direction.
- 14 Repeat meas 10, cts 1-3; M and W take wt on L, raising R lower leg slightly to R side (ct 4).

SZATMÁRI FRISS CSÁRDÁS (cont'd)

II. HEEL CLICKS and THREES - BOKÁZÓ ÉS CIFRA

- 1 Touch ft to calf  
Raise joined hands to side fwd high, shldr level.  
Hop on L, raising R leg and touching R instep to inside of L calf (ct 1); leap onto R in place, raising L lower leg to L side (ct 2); repeat cts 1,2 with opp ftwk and direction (cts 3,4)/
- 2 Repeat meas 1.
- 3 Little Bell Cifras - Kisharang  
Leap onto R in place (ct 1); step L to L (ct &); close R to L, extending L lower leg out to L side (ct 2); repeat cts 1,&,2 with opp ftwk and direction (cts 3,&,4).
- 4 M: Repeat meas 3.  
W: Repeat meas 3, cts 1-3. Step R in place, extending L lower leg out to L side (ct 4).
- 5 Heel-clicks - Bokázó  
M: Leap onto R to R, closing L to R with heel-click, and land on both ft (assemble) (ct 1); take wt on R, extending L lower leg to L side (ct 2); repeat cts 1,2 with opp ftwk and direction (cts 3,4).  
W: Opp ftwk and direction.
- 6 Repeat meas 5, with opp ftwk and direction.
- 7-8 Repeat meas 5-6.
- 9 Repeat meas 5.
- 10 Threes - Cifra  
M: Leap onto R to R (ct 1); small leap onto L next to R (ct &); small leap onto R in place (ct 2); repeat cts 1,&,2 with opp ftwk and direction (cts 3,&,4).  
W: Opp ftwk and direction.
- 11-13 Repeat meas 10 three more times.
- 14 Repeat meas 10, cts 1,2 (cts 1,2); M: Leap L to L (ct 3); step R next to L, taking wt on R (ct 4).  
W: Leap onto R to R (ct 3); close L next to R, keeping wt on R (ct 4).

III. BIG CIRCLE - RIDA és FUTÓ

- 1 Rida  
Moving CW, Rida step: reaching step L to L (ct 1); step R to L, knee bent, in front of L (ct 2); repeat cts 1,2 (cts 3,4).
- 2-4 Repeat meas 1 three more times, for a total of 8 Ridas. During the first meas or two, as cpl starts to turn CW, M releases M L, W R hand hold, puts R arm behind W back. W puts L hand on M R shldr. M puts W on M R, and as both face ctr of circle, M moves CW to L around circle to join next cpl. One big circle of cpls is formed, turning RLOD (CW).
- 5 Stamping - Dobugo  
Stamping steps L,R,L,R, knees slightly bent, continuing to move RLOD (CW) around big circle (cts 1,2,3,4)
- 6 Repeat meas 5.
- 7 Running backward  
Leap onto L in RLOD (CW) picking up R ft slightly back (ct 1); continue to move bkwd in RLOD with running steps R,L,R picking up free ft in back (cts 2,3,4).

SZATMÁRI FRISS CSÁRDÁS (cont'd)

- 8 Running steps bkwd L,R,L,R in RLOD (CW) picking up free ft in back (cts 1,2,3,4).
- 9 Repeat meas 8, cts 1-3 (cts 1-3); step R bkwd in RLOD (CW), turning to face slightly L of ctr (ct 4).
- 10-12 Rida  
Continuing to move RLOD (CW), repeat ftwk of meas 1-3
- 13 Stamping - Dobugo  
Continuing to move RLOD, repeat meas 5.  
M release L handhold on L neighbor in circle, W release R handhold on R neighbor in circle during this meas.
- 14 Repeat meas 5, cts 1,2 (cts 1,2) turning to face ptr; stamping step L next to R, taking starting pos, M L, W R hands, M R, W L hands joined waist level (ct 3); hold (ct 4).

Dance repeats from the beginning.

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